



### Bagels / Rolls / Toast

#### BAGEL CHOICES:

Plain, Everything, Sesame Seed, Poppy Seed, Whole Wheat, Cinnamon Raisin



Add grape jelly or strawberry jam 50¢ / Croissant add 1.00

BUTTER	1.95	BUTTER & JELLY	2.49
CREAM CHEESE	2.95	FLAVOR CREAM CHEESE	3.95
veggie, scallion, olives, jalapeño, walnut raisin, strawberry, bacon cheddar, oreo			
NUTELLA	3.85	PEANUT BUTTER	3.85
TOFU	4.25	VEGGIE TOFU	4.89
		LOX SPREAD	4.49

### Eggs Options

2 EGGS	3.95	EGGS & CHEESE	4.49
BACON, EGG & CHEESE	5.59	SAUSAGE, EGGS & CHEESE	5.59
HAM, EGGS & CHEESE	5.59	POTATO, EGGS & CHEESE	5.49
TURKEY, BACON, EGGS, & CHEESE	7.49	TURKEY, EGGS & CHEESE	7.49
		ITALIAN SAUSAGE, EGGS & CHEESE	7.49

ROGER BREAKFAST bacon, sausage, ham, hash brown, egg & cheese . . . . . 9.95  
 HEALTHY WRAP egg white, spinach, turkey bacon, swiss cheese, fresh tomato . . . . . 9.95  
 BREAKFAST QUESADILLA egg, grilled chicken, peppers, onions, cheddar . . . . . 10.95

Add: Egg Whites 1.00 • Fresh Mozzarella 1.00 • Avocado 2.00

#### CHEESE OPTIONS:

Yellow, White American, Swiss, Provolone, Pepper Jack, Muenster, Cheddar, Queso Blanco Tropical

NOVA SCOTIA fresh smoked lox, cream cheese	10.95
DELUXE NOVA SCOTIA fresh smoked salmon, veggie or scallion cream cheese, tomato, red onions & capers	12.45
BLT TRADITIONAL bacon, lettuce, tomato & mayo	5.59
HEALTHY BLT turkey bacon, lettuce & tomato	7.49
BLTA bacon, lettuce, tomato, avocado & mayo	6.99

### Omelettes

Served with Toast



WESTERN OMELETTE	8.95
HEALTHY VEGGIES, EGG WHITES OMELETTE	9.95
SPINACH OMELETTE	7.49
POTATO SPINACH OMELETTE	7.99
PICANTE OMELETTE 3 eggs, jalapeños, tomato & onions	8.49
DELUXE HOME FRIES PLATTER 3 eggs any style, home fries, bacon, sausage or ham & toast	10.49

Add Home Fries 2.00 • Add Egg Whites 1.20

### Pancakes or French Toast



PANCAKES OR FRENCH TOAST (3 pcs.)	6.49
LUXURY PANCAKES OR FRENCH TOAST 3 eggs any style, bacon, sausage or ham	10.89

Add: Strawberry, Banana or Blue Berry 1.25 • Turkey Bacon 1.50

### Pastries

MUFFINS 2.75: Corn, Blue Berry, Cranberry, Banana Walnut, Raisin Brain, Chocolate Chips, Double Chocolate Chips, Red Velvet, Pistachios

CRIOSSANT	2.75	APPLE TURN OVER	2.75
SCONES	2.75	BLACK & WHITE COOKIES	2.25
CRUMB CAKE	2.75	MM'S COOKIES	2.25
CHEESE DANISH	2.75		

## Breakfast / Desayunos

### Oatmeal

PLAIN brown sugar optional	4.95
CHIA BANANA ALMOND made with almond milk	7.45
APPLE PIE OATMEAL red & green apples, craisins, cinnamon, brown sugar	7.45

#### TOPPINGS:

Apple, Strawberries, Blueberries, Craisins, Walnuts, Almond, Cinnamon  
2 Toppings 5.95 • 3 Toppings 6.95

#### AVOCADO TOAST OPTIONS:

AVOCADO TOAST Smashed Avocado on Whole Wheat Toast	7.49
AVOCADO TOAST with Eggs Any Style	9.99
AVOCADO TOAST with Eggs & Smoke Salmon	13.49



### Colombian Roast Coffee Options

SMALL COFFEE	S 2.00	M 2.50	L 3.00
DECAF COFFEE	S 2.25	M 2.75	L 3.25
PUMPKIN SPICE (seasonal only)	S 2.25	M 2.75	L 3.25
HOT MOCHA	S 3.50	M 4.25	L 5.00
HOT CHOCOLATE	S 2.50	M 3.25	L 4.00
ICED COFFEE	S 3.00	M 3.50	L 4.00
HOT TEA	S 2.00	M 2.50	L 3.00

Chamomile • Peppermint • Green Tea • Lemon Zinger • Red Zinger • Lemon Ginger • Apple Cinnamon • English Breakfast • Earl Gray • Chai • Lipton Tea

CREAMER french vanilla, hazelnut	50		
ESPRESSO SINGLE / LONG	2.75	ESPRESSO DOUBLE	3.50
ESPRESSO ICED	3.50	ESPRESSO TONIC	4.50
MACCHIATO	3.00	CORTADO	3.00
AFFOGATO	6.95		
CAPPUCCINO/LATTES	S 3.50	M 4.50	L 5.50
ICED CAPPUCCINO	S 4.00	M 5.00	L 6.00
FRAPPUCCINO	S 4.50	M 5.25	L 6.50
Add whipped cream 75¢			

FLAVORS: Mocha • Caramel • Dulce De Leche • Oreo

### Salads



S1. TUNA CAESAR SALAD romaine lettuce, croutons, red onions, premium genova tuna, caesar dressing . . . . . 10.95

S2. CAESAR SALAD TRADITIONAL romaine lettuce, croutons, parmesan cheese, caesar dressing (Add grilled chicken)	7.99
S3. THE G.O.A.T. arugula, goat cheese, walnuts, green apple, craisins, balsamic glaze & virgin olive oil	10.95
S4. HOUSE SALAD mixed greens, tomato, artichoke, cucumber red onions, fresh mozz., provolone cheese, roasted red peppers, homemade italian dressing	10.95
S5. AVOCADO TUNA SALAD (free-mayo) arugula or mixed greens, genova italian tuna, mixed with avocado (Add pesto optional), tomato, red onions & dill pickles	12.50
S6. MEXICAN CHICKEN SALAD grilled chicken, lettuce, pico de gallo, avocado, pepper jack cheese, (jalapeños optional), sour cream	12.50
S7. ANTIPASTO SALAD bed of arugula, prosciutto, hot soppressata capicola, provolone cheese, fresh mozz., roasted red peppers	14.95
S8. GREEK SALAD lettuce, green peppers, tomato, cucumber, red onion, black olives, feta cheese, oregano, vinegar & olive oil	10.95

### Grilled Cheese

GRILLED CHEESE white, whole wheat or rye toast	3.99
GRILLED CHEESE TOMATO	4.99
GRILLED CHEESE BACON & MAYO	5.99
LUXURY GRILLED CHEESE bacon or ham & tomato with mayo	7.49



### Cold Cut Sandwiches

Roll 8.45 • Wrap 9.29 • Hero 10.45  
Turkey • Ham • Honey Turkey • Salami • Bologna



ROAST BEEF, PASTRAMI, CORNED BEEF	add 1.00
PROSCIUTTO	add 1.50
HOT/SWEET SOPPRESSATA	add 1.00
HOT/SWEET CAPICOLLA	add 1.00

#### CHEESE OPTIONS:

American Cheese, Provolone, Cheddar, Swiss, Muenster, Pepper Jack, Queso Blanco Tropical

FRESH MOZZARELLA Add 1.00

TOPPINGS: Lettuce, Tomato, Red Onion Pickles

#### ADD

Roasted Red Bell Peppers • Artichokes  
Jalapeños • Arugula • Mixed Greens • or Baby Spinach 1.00 Extra

### Wraps

Whole Wheat • Plain or Spinach Wrap

W1. Mediterranean Chicken: Grilled Chicken, Hummus, Cucumber, Tomato, Lemon Juice, Baby Spinach	10.49
W2. Sweet Turkey: Turkey, Swiss, Dried Cranberry, Arugula, Mayo	10.49
W3. Caesar Wrap: Grilled Chicken, Romaine Lettuce, Croutons freshly Grated Parmesan Cheese, Caesar Dressing	9.95
W4. Grilled Chicken BBQ: Grilled Chicken with BBQ Sauce, Red Onions Tomato, Cheddar Cheese	9.95
W5. Buffalo Chicken Wrap: Grilled Chicken, Buffalo Sauce, Cheddar Cheese Lettuce, Tomato, Blue Cheese Dressing	9.95

### Burritos

GRILLED STEAK	12.00
GRILLED CHICKEN BREAST	12.00
VEGGIE	12.00

Served with:

Rice, Beans, Pico De Gallo, Sour Cream

### Tacos

Served On A Corn Tortilla with Onions & Cilantro

CHICKEN • BEEF  
3 for 11.00

### Quesadillas

Served with Sour Cream, Green & Red Sauce

CHICKEN QUESADILLA	12.00
PHILLY CHEESESTEAK QUESADILLA	12.00
BEEF QUESADILLA	12.00
SPINACH OR MUSHROOM QUESADILLA	12.00
VEGGIE QUESADILLA	12.00

### Sides

FRENCH FRIES	4.49	WAFFLE FRIES	5.45
MOZZARELLA STICKS (6 pcs)	6.45	TATER NUGGETS	5.45
CHICKEN NUGGETS	6.95	ONION RINGS	5.45
HOME FRIES	5.79		
BUFFALO WINGS (6 pcs)	8.95		
with Carrots, Celery & Blue Cheese Dressing	Add Fries 2.00		
CHICKEN TENDERS (4 pcs)	6.95	Add Fries 2.00	